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Informed Consent

Psychological services are not easily described in general statements. Diagnostic assessment approaches vary depending on the nature of the problems. There are different approaches to doing it, and they can be equally valid for the same problems. In order to achieve the best results, your participation is crucial. Assessment comes with the promise of benefit, but also some risks. Such risks can include experiencing uncomfortable levels of emotion such as sadness, guilt, anxiety or anger. Recalling unpleasant life experiences can also be distressing. Assessment has been shown to be helpful, but no guarantees can be offered.

If you have any questions about your assessment, now or in the future, please contact Dr. Cahn.

Your signature below indicates that you have read and understood these statements.

Signature (Parent or guardian for a minor)

Date